

Workplace Suicides Picture This



W O R K P L A C E **S U I C I D E P R E V E N T I O N**

Learn about the 9 Recommended Practices

After pledging your commitment to Workplace Suicide Prevention you will receive more information on the 9 recommended practices.



Leadership

Cultivating a Caring Culture Focused on Community Well-Being



Job Strain Reduction

Assess and Address Job Strain and Toxic Work Contributors



Communication

Increase Awareness of Understanding Suicide and Reduce Fear of Suicidal People



Self-Care Orientation

Self-Screening and Stress/Crisis Inoculation Planning



Training

Build a Stratified Suicide Prevention Response Program Specialized Training by Role



Peer Support & Well-Being Ambassadors

Informal and Formal Initiatives



Mental Health & Crisis Resources

Evaluate and Promote



Mitigating Risk

Reduce Access to Lethal Means and Address Legal Issues



Crisis Response

Accommodation, Re-integration and Postvention

Source: <https://www.irmi.com>