Working Safely In Cold Weather – (8 min)



Working safely in cold weather requires more than just the right clothing. This presentation provides viewers with detailed information on how to safely work in cold weather conditions. It will explain how the systems of the body work in cold conditions, how to spot frostbite and other cold-related illness, as well as how to properly dress and work in the cold months. Prevention is emphasized as viewers are shown signs of distress to look for in themselves and co-workers and how to safely handle such situations.