When Every Second Counts: Choking Response & First Aid for Young Children Stats and Facts



FACTS

- Young children have narrow airways and immature chewing skills.
- Choking often happens without warning.
- Food is the most common choking hazard.
- Early response prevents oxygen deprivation.
- Training improves speed and confidence during emergencies.

STATS

- The U.S. CDC reports choking as a leading cause of injury-related death in children under five.
- In the U.S., thousands of children are treated in emergency departments each year for choking incidents.
- Food items such as grapes, hot dogs, nuts, and hard candy are among the most common choking hazards.
- Canadian injury surveillance data shows choking as a leading cause of non-fatal injury hospitalizations in young children.