When Every Second Counts: Choking Response & First Aid for Young Children Fatality File



Toddler Rescued After Silent Choking Episode

During lunch at a childcare centre, a two-year-old suddenly became silent while eating. An educator noticed the child was not coughing and had begun turning red. The educator immediately initiated choking response procedures while another staff member called emergency services.

The object was dislodged within seconds. Paramedics later confirmed that the quick response prevented serious injury.

The review identified early recognition and confidence in first-aid training as the critical factors in the positive outcome.