# Take Safety Home With You




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## WHAT’S AT STAKE?

We do not live under mushrooms, nor, do we live in vacuums. What’s the relevance?? Safety attitudes and habits should be the same at home as they are in your workplace.

## WHAT’S THE DANGER?

Failing to implement your safety attitudes and good safety habits at home can be costly. Off – the – job injuries affect your steady income, loss of productivity for business, loss of recreational time and a diminished overall life style.

It makes sense, after this analysis, to take seriously the proposition that off – the – job safety directly affects on the job security.

Your skills from on – the job are portable to your off – the – job safety.

## HOW TO PROTECT YOURSELF

The following are some sharp useful guidelines to increase your off – the – job safety.

**Fire Department**

Have your local fire department conduct a home fire inspection for you. They can point out areas that could be a fire hazard.

**Smoke detector:**

Install smoke detectors in the recommended locations. Make sure you test them

regularly and put in fresh batteries when needed.

**Fire Extinguisher:**

Keep the correct type of fire extinguisher in your kitchen and other high-risk areas. Learn how to operate the extinguisher and teach everyone in the family.

**Escape plan:**

Organize a fire escape plan and practice family fire drills often.

**Pathways:**

keep all traffic pathways, inside and outside, clear of obstacles. Clean up spills immediately to prevent falls.

**Night lights:**

Place inexpensive night lights in hallways and bathrooms to prevent tripping accidents. Even pets sleeping in hallways can be a hazard.

**Non -slip:**

Install non-slip surfaces in bathtubs, showers and on bathroom floors. Grab bars should be installed to prevent falls in tubs and showers.

**Stairways:**

Keep stairways clean and clear. Don’t store items you want to take upstairs later. Surprise obstacles cause many falls!

**Toxic substances:**

Store all toxic substances, cleaning products, paints or car products in a locked storage area and in a locked storage area and in their original containers. This will not only reduce accidental poisonings, but if one does occur, the container will have first aid instructions on the label.

**Flammable liquids:**

Keep flammable liquids stored in a well-ventilated area away from sources of ignition such as furnace pilot lights. Flammable liquids should be stored out-of-doors.

**Power tools:**

Keep or electrically powered tools out of the reach of children.

**Correct tools:**

Always use the correct tool for the job. Makeshift replacements, such as using a kitchen knife as a screwdriver, can cause injuries.

**Ladder:**

Practice good ladder safety habits. Never use the top few rungs. For straight ladders, use the one-to-four rule. Place the ladder at an angle so that the

bottom is one foot away from the wall for every four feet of height.

**Ground Fault Circuit Interrupter:**

Have a Ground Fault Circuit Interrupter installed for electrical outlet locations that are near moisture. This includes bathroom, kitchen and outdoor electrical outlets.

**Plugs cords:**

Keep plugs and electrical cords in good condition. Don’t forget that extension cords should only be used as temporary source of power. Don’t use them as a permanent replacement for wiring.

**Sports:**

When you participate in sports on your days off, make sure you use the correct PPE (Personal Protective Equipment) for the activity. Eye goggles, helmets, life jackets, shin-pads or gloves may be necessary.

**Equipment:**

Keep your sports equipment in good condition. Well-maintained equipment will last longer, save you money and reduce your risk of injury.

**Drugs, alcohol:**

Avoid using drugs and alcohol when you have to concentrate or be alert. You wouldn’t drink at work, so why do it when you are using a powered tool at home?

**Seat Belt:**

Buckle up before starting your car. Keep your car in good mechanical repair to avoid accidents. Observe all road warning signs and speed limits.

## FINAL WORD

Safety awareness is a twenty-four hour a day job. Don’t leave your safety attitude at work when you punch the time clock at the end of your shift.