

# Stairways & Ramps – The Forgotten Fall Zones in Facilities Picture This



This image shows a worker walking down a facility ramp while carrying supplies in both arms. The ramp looks normal, but the surface is slightly wet from tracked-in rain, and the lighting is dim near the doorway. With no free hand on the railing and their view partially blocked by the load, the worker's foot slips unexpectedly. In an instant, they lose balance on the incline, and a

routine trip between work areas becomes a serious fall hazard.

Stairways and ramps are some of the most overlooked danger zones in facilities because workers use them every day without thinking. Small changes—water, ice, uneven edges, poor lighting, missing handrails, or rushing—can lead to sudden falls causing fractures, head trauma, or long-term back injuries. Always keep walking surfaces dry and clear, use handrails, maintain proper lighting, avoid carrying loads that block visibility, and slow down on slopes. Falls on ramps and stairs are preventable, but only if these everyday pathways are treated as real hazard areas.