

Slips Trips and Falls – Sponsored by Avetta



SLIPS, TRIPS, AND FALLS SAFETY MOMENT

Common Risk Factors



SLIPS

- Wet or oily surfaces
- Occasional spills
- Loose, unanchored mats or rugs
- Uneven floors



TRIPS

- Poor lighting
- Obstructed view
- Uncovered cables
- Wrinkled floors mats or carpets
- Uneven walking surfaces



FALLS

- Using chains or ladders to access high storage areas
- Climbing down ladders while carrying heavy objects
- Poorly maintained or dimly lit staircases

PREVENTION TIPS



Use flashlights in low-light areas



Use proper footwear for better traction



Keep walkways free from clutter



Clean up debris and spills immediately



Use ridged ramps rather than stairs



Conduct regular safety trainings



Cover or tape down cables and cords



Use a safety harness while climbing



Mark or identify wet areas and spills

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