# Recognizing And Reporting Child Abuse Or Neglect: Your Legal And Ethical Duty Meeting Kit




## WHAT’S AT STAKE

Every day, children come into our care trusting that adults will keep them safe. For most children, home is a place of support and protection, but for some it may not be. When abuse or neglect occurs, children often cannot explain what is happening or ask for help. Because educators see children regularly, they may be the first adults to notice when something seems wrong.

## WHAT’S THE DANGER

Abuse and neglect are not always obvious. They often appear through small, repeated signs rather than one clear event.

**Hidden Harm**

Physical abuse may leave visible injuries, but emotional abuse and neglect often do not. Children may show distress through behaviour long before they show physical signs.

**Fear and Silence**

Children may be afraid to speak. They may worry about consequences, feel loyalty to caregivers, or lack the language to describe what is happening.

**Missed Opportunities**

When concerns go unreported, harm can continue. Delayed reporting can increase the risk of long-term physical, emotional, and developmental damage.

**Personal Hesitation**

Many educators hesitate because they fear being wrong, upsetting families, or making a mistake. These concerns are understandable, but they must never override a child’s safety.

# HOW TO PROTECT YOURSELF

**How to Protect Children**

Protecting children starts with awareness and timely action. Educators play a key role in noticing concerns and ensuring they are addressed through proper reporting procedures.

**Know the Signs**

Pay attention to changes in behaviour, mood, play patterns, physical appearance, hygiene, or development. Patterns over time often reveal concerns that a single incident may not.

**Common Warning Signs May Include:**

- Unexplained injuries or frequent bruises
- Sudden behaviour changes such as withdrawal, fear, or aggression
- Poor hygiene, inappropriate clothing, or signs of neglect
- Extreme fatigue, hunger, or frequent absences
- Play themes or statements that suggest harm or fear at home

**Trust Your Observations**

You are not expected to prove abuse or neglect. Your responsibility is to act on reasonable concern based on what you observe or hear.

**Respond Appropriately to Disclosure**

If a child shares something concerning, remain calm and listen carefully. Avoid asking leading questions. Thank the child for telling you and never promise to keep the information secret.

**Document Objectively**

Record only what you observe or what the child says. Include dates, times, and exact words when possible. Clear documentation helps child protection professionals assess the situation.

**Report Promptly**

If you suspect abuse or neglect, report it directly to child protection authorities according to your local procedures. This responsibility cannot be delegated to someone else.

# FINAL WORD

Reporting concerns is not about blame. It is about safety. When educators speak up, children are protected and families can receive help. Silence allows harm to continue. Action can change the outcome of a child’s life.