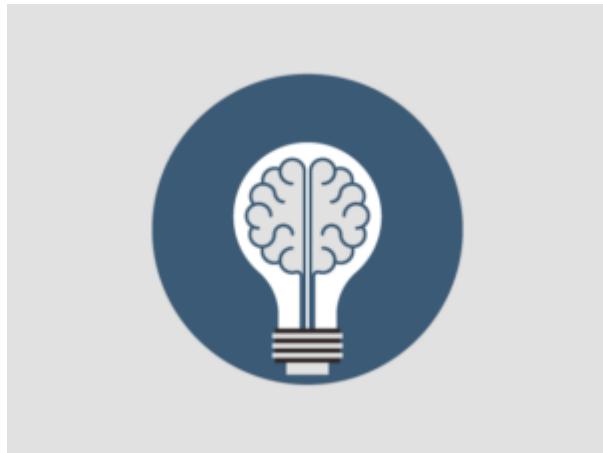


Quick Course – Moving Materials Pain Free



Construction workers carry materials of all shapes and sizes. This quick course covers how to move them without hurting yourself or others.