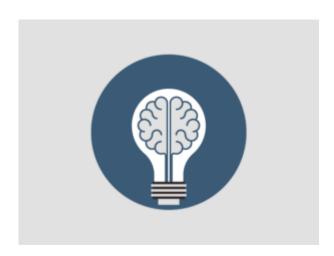
Quick Course — Healthcare Safe Moving and Handling of Patients



Overexertion injuries among healthcare workers is consistently two to five times greater than the rate of the general workforce. The single greatest cause for these injuries is manual patient handling. This quick course will cover the hazards of moving and handling patients and how to protect yourself when you do have to perform these actions.