## Put Safety In Gear When Backing Infographic



## Be Alert and Practice Defensive Driving



Be aware of what other drivers around you are doing. For example, if a car near you is slowing down and you can't see the reason why, they might be doing so to let a pedestrian cross. Do NOT attempt to overtake them.

Assume other motorists will do something unexpected or crazy, and always be prepared to avoid it. A healthy amount of caution is necessary for all drivers as it keeps their reflexes in tiptop shape and this can help avoid unnecessary accidents.

Keep a sizeable distance between you and the car in front - 2-3 seconds on

 a normal day and 4 second when the weather is bad. This gives you enough
 time to react if they abruptly stop without causing a collision.



All forms of distraction should be kept away at all times while you are driving as well.

DO not use your phone, do not take calls (even if they are handsfree), do not let your passengers distract you from focusing on the road.





- It's safe to say that even a workaround on normal distractions can still be enough of a distraction itself.
- It only takes a split second for a situation to go bad, especially on the road, and being distracted will cost you that.

Source: https://carinsurance.arrivealive.co.