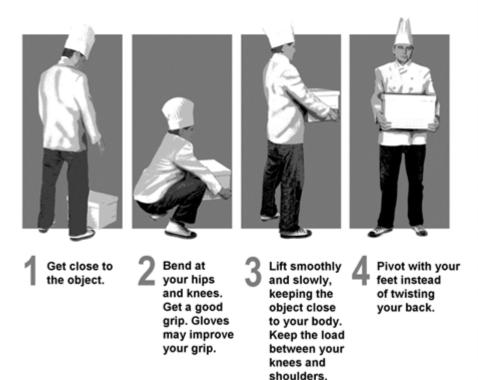
## Preventing Lifting Injuries — Restaurant Safety Infographic



Safety Tip 5: Preventing lifting injuries

- Get help from others if you need it.
- · Use dollies or carts whenever possible.



Source: https://www.flickr.com