PPE: Legs/Feet — Safety Checklist



PREAMBLE

Foot injuries are among the most common workers' compensation injuries, including breaks, fractures and heel injuries. The human foot and ankle contain 26 bones, 33 joints and more than a hundred muscles, tendons and ligaments, so it's no wonder injuries to the foot can be especially painful — and slow to heal.

Specific examples of workplace foot injuries

| eet trapped between objects or caught in a crack, alls of heavy objects, moving vehicles (lift rucks, bulldozers, etc.), conveyor belts (feet rawn between belt and roller) |
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| oose nails, sharp metal or glass objects |
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| nain saws, rotary mowers, unguarded machinery |
| olten metal splashes, chemical splashes, contact th fire, flammable or explosive atmospheres |
| catic electricity, contact with sources of ectricity |
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