

Ladder Safety for Municipalities – Infographic



10 Ladder Safety Rules



Choose the right ladder



Check for damages or issues before each use



Ensure physical capability of using a ladder



Set up the ladder on a flat and stable surface



Set up in a safe place



Never lean or reach away from the ladder



Always maintain a three point of contact



Only take small items up or down a ladder



Apply the 1:4 rule



Climb down cautiously

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Source: <https://safetyculture.com>