# Knowing Your Limits and Seeking Help – School Safety Fatality File



## Educator’s Death Highlights the Importance of Recognizing Personal Limits and Seeking Support

In February 2024, Alfred Jimenez Jr., a 74-year-old instructional assistant at Brandeis High School in San Antonio, Texas, tragically lost his life following an incident in his special education classroom. While assisting a student, Jimenez was pushed, causing him to fall and sustain a severe head injury. He succumbed to his injuries ten days later. 

Jimenez was known for his dedication to his students, often going above and beyond to support them. However, this incident underscores the critical importance of recognizing one’s physical and emotional limits, especially when working in high-stress environments.

This tragedy serves as a poignant reminder that seeking assistance and acknowledging personal boundaries are vital components of school safety. Implementing comprehensive training programs, ensuring adequate staffing, and fostering a culture where educators feel empowered to request support can help prevent such devastating outcomes.

**Source:** *Ksat.com*