

# Is This the Kind of PPE Example You Want Your Supervisors to Set?



The gentleman in the red shorts and tee-shirts who is apparently directing this dangerous operation is dressed more like a California surfer dude than a supervisor. While his crew is properly attired with reflective vests, hard hats and protective boots, the dude isn't using any PPE at all.

**The Moral:** Ensure that your work crews are directed by competent supervisors who recognize the hazards of the work and set the right example.

## 3 Reasons to Pay Attention Based on historical statistics:

- More than 500,000 U.S. workers will suffer disabling injuries to the head, hands, eyes or feet this year
- Only 16% of the workers who suffer a disabling head injury will be wearing head protection
- Only 23% of the workers who suffer a disabling foot injury will be wearing

protective shoes or boots

## 3 Kinds of Hard Hats

There are 3 classes of hard hats, each of which protects against some head hazards but not others:

**Class G (formerly called Class A):** General service hard hats:



- Protect you from impact
- Provides only limited protection from electricity

**Class E (formerly called Class B):** Used for electrical work:



- Protects you against falling objects
- Protects you against high voltage shock/burns

**Class C:** Designed for comfort and provide only limited protection:



- Protects you against bumping into fixed objects
- Doesn't protect you against falling objects or electrical shock

## 9 Kinds of Protective Footwear

Flip flops aren't appropriate foot protection. But the following footwear may be—depending on the hazards to which your feet are exposed:

1. Metatarsal (Mt rated) Footwear
  - Designed to protect the toes



2. Conductive (Cd rated) Footwear
  - Designed to protect against static electricity
  - Dissipate static electricity from the ground



3. Electrical Hazard (EH rated) Footwear
  - Made of materials that don't conduct electricity and that resist shock
  - Designed to protect against electrical contact



4. Static Dissipative (SD) Footwear

- Reduce accumulation of static electricity
- Conduct body charge to ground while maintaining a high level of resistance



5. Puncture Resistant (PR) Footwear

- Prevent sharp objects from piercing the sole of the foot
- Conduct body charge to ground while maintaining a high level of resistance



6. Heat Resistant (HR) Footwear

- Protect feet against burns and high temperatures



## HEAT RESISTANT

### 7. Cold Resistant Footwear

- Protect feet against freezing and cold temperatures



### 8. Chemical Resistant Footwear

- Protect feet from hazardous chemicals



### 9. Slip Resistant Footwear

- Prevent falls by providing grip on slick and slippery surfaces

