Healthcare Heroes: Preventing Patient – Handling Injuries & Violence Picture This





This image shows a tense moment in a hospital room where a nurse is helping an unsteady patient out of bed. The patient suddenly shifts his weight and grips the worker for support, forcing the nurse into an awkward position without a lift device or a second staff member assisting. In seconds, a routine transfer becomes a serious risk for a back or shoulder injury.

Patient handling injuries often happen when workers must react quickly to prevent a fall, especially when patients are confused, agitated, or unpredictable. Always use safe lifting equipment, ask for assistance, and follow transfer protocols to prevent life-altering injuries and protect both staff and patients.