

# Five Reasons to Work Safe Today Meeting Kit



## FIVE REASONS TO WORK SAFE TODAY (SAFETY TALK)

When it comes to working safely we should all want to choose to make the right decision. We all are different in the way we think, but there are many common reasons why we should choose to work safe. Keep these five reasons in mind as to why we should all strive to should work safe.

### FIVE REASONS TO WORK SAFE

- Your Health.
- Providing for your family.
- Your reputation.
- Your coworkers.
- Your company as a whole.

### THE FIVE REASONS DISSECTED

The following points hi-lite reasons for working safely:

- You want to continue working to support your family in the comfortable lifestyle to which they have become accustomed.
- Some accidents result in months of pain and even hospital stays. Some pains never go away.
- You hate the sight of blood – especially your own.
- A disability could end all your favorite recreational activities.
- A head injury could impact your ability to speak, read, or even enjoy your favorite TV show.
- You want to enjoy life with your family and friends without the changes that a significant injury would impose.
- You have plans for the future. Career! Family! Kids! Grandkids! Travel! Retirement!

## IMPACT OF WORKPLACE ACCIDENT

A workplace accident can permanently change all those plans in an instant. With an accident you could be on your way to the hospital and might have months of

painful therapy to recover. Think about how much is resting on your shoulders every day, and all the people who are counting on you to come home safely. Working safe is really a very small price to pay for being able to improve and maintain your lifestyle. There is no job or piece of production that is worth the risk of injury.

## **SAFETY PRECAUTIONS FOR WORKERS AND MANAGEMENT**

Safety is the shared responsibility of workers and management. It is ultimately shaped by the productivity and quality of the goods and services produced. Here are some steps to move this joint responsibility forward.

**Be Aware of your surroundings:** There are many employees who don't bother to be aware of their surrounding hazards. But, it is important to observe your co-workers working circumstances. Once you get to know the particular hazards that occur at your workplace, then it will help you in reducing the risk and allow you to take precautionary steps.

**Reduce workplace stress:** Most employees are not fit and healthy because of their busy schedule, which includes long working hours, work-pressure and conflicts with co-workers or with the boss of the organization. All these can lead to some illness or depression to the employees. Also, this not only affects their professional life but also creates nuisance in their personal lives too. So, instead of waiting to get unfit, it is better that you start take care of your health, by taking regular breaks, eating healthy, and having good posture

**Use tools appropriately:** Take appropriate precautions while using machinery or other tools, instead of taking any shortcuts. Taking shortcuts is one of the biggest reasons behind workplace loss. It's a big safety risk to use scaffolding as a ladder or one tool instead of another for a particular job. So, it is always recommended to use the correct tools and reduce the opportunity for workplace injury.

**Keep crisis exits which are easily accessible:** In case there is an emergency, you will need quick access to the exits. It is also advised to keep clear usage of equipment shutoffs which might stop you from performing in an emergency.

**Update Your Supervisor about unsafe conditions:** It is important that you keep updating your supervisor about the hazards or risks in the workplace. They are obligated to ensure that their employees are working in a safe environment. And if the employees are not working in safe conditions, then it is the responsibility of the supervisor to listen and understand their condition and create a safe working environment for employees.

**Use mechanical assistance:** Whenever you want to carry or lift heavy objects, you should use a conveyor belt, crank or forklift.

**Stay Alert:** There are many employees who ignore advance warning signs, and as a result a number of workplace injuries or fatalities occur.

**Wear the right safety equipment:** It is essential that you wear the right protection equipment tools during your work. This includes earplugs, earmuffs, hard hats, gloves, full-face masks, safety gloves and any other equipment which is necessary to keep you safe at work.

**Ensure Good Posture:** If you are often sitting at work, good posture is essential. You need to keep your shoulders in line and back straight to avoid spine problems. Try not to stoop and twist if possible, and use ergonomic equipment whenever possible.

## **FINAL WORD**

Think about how the choices you make on the job not only affect you, but also how they affect your family, your coworkers, and the company as a whole. Reminding yourself of the far-reaching consequences an incident can have on many different people can reinforce making the right decision when working safely.