First Aid: Medical Emergencies – Spanish



Key Takeaways:

– Learning the symptoms and appropriate responses for cardiac arrest, asthma, and anaphylaxis emergencies.
– Understanding how to respond to high or low blood sugar emergencies.
– Learning how to respond to a person having a seizure.
– Comprehending what you should do if you feel faint and how to assist others who have fainted.
– Learning how to identify the symptoms of a stroke using the “FAST” method.

Course Description

This lesson will educate you on how to appropriately respond to medical emergencies such as respiratory distress, diabetes, hypoglycemia, seizures, fainting and stroke. It is probable that medical emergencies are a very real possibility in your workplace, as statistics support. The World Health Organization (WHO) reports that 1 in 11 people have a form of diabetes. The Centre for Disease Control and Prevention (CDC) reports that 1 in every 20 deaths is caused by a stroke in just the United States. The Epilepsy Foundation reports that 1 in 26 people will be diagnosed with epilepsy in some point of their lives, in addition to 1 in 6 people having an epilepsy seizures presently or in their past. The CDC also reports that 1 in 13 people have some form of asthma. In short, if your workplace has more than 10 employees, somebody in your workplace has a medical condition that they live with and manage everyday. Emergencies and accidents happen, and being prepared is necessary for your coworkers’ survival.

This matter is of course not limited to the workplace, it is probable that someone amongst your friends and family, if not yourself, is affected by a medical condition that can risk their life. The purpose of this lesson is not to create stigma around medical conditions, or to make you baby the people in your life, but rather, this lesson will teach you how to be there for everyone in unfortunate situations. You will learn a basic knowledge on how to engage in a variety of common emergencies so that everyone gets to go home at the end of the workday.