

# Disposable Respirators Seal Checks Infographic



# User seal checks

Disposable Respirators

## NEGATIVE AND POSITIVE PRESSURE



Cover respirator  
with both hands

Breathe **in** gently

Respirator should  
slightly **collapse**

If air leaks **in**  
around the face:



Adjust straps or  
Reposition face piece



Cover respirator  
with both hands

Breathe **out** gently

Respirator should  
slightly **expand**

If air leaks **out**  
around the face:

**REPEAT TEST UNTIL SEAL IS ACHIEVED**

 manufacturing  
Safety Alliance of BC

Helping you *Make it Safe*  
[safetyalliancebc.ca](https://safetyalliancebc.ca)

Source: [safetyalliancebc.ca/covid-19](https://safetyalliancebc.ca/covid-19)