## Cold Water Survival Infographic







## **Cold Water - Safety**



## Plan for Immersion

- Dress for the water temperature, NOT the air temperature, this includes a wetsuit or drysuit
- Always wear a life jacket
- · More resources visit: weather.gov/safety/coldwater

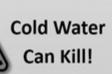


## What to do if someone falls into cold water:

- Get the person out of the water and into someplace warm immediately
- Remove clothing if possible and dry the victim
- Wrap the person in warm blankets or coats and lay him/her face up, Do NOT massage limbs
- Give the person warm drinks or high-energy foods if he/she is conscious









weather.gov/safety/coldwater

Source: https://storymaps.arcgis.com