CDC Traumatic Brain Injury Blue Book



A vital tool for those individuals who devise strategies for prevention and treatment of traumatic brain injury.

This body of work is a vital tool for those who devise the strategies for prevention and treatment. However, a critical dimension will be lost if one sees it only as data, if one does not try to put even a fleeting face behind the numbers. They represent people who – if they survived – have had their lives significantly affected. Through research, we are finding better ways to prevent injury and improve acute care. We who are injured may experience improvement both in function and the quality of our lives when we have access to rehabilitation and support to develop and utilize our remaining strengths and abilities. With so many lives affected, we seek and have the potential for independence, to have the chance to move beyond our disabilities and give back to society.

As a survivor, as a disabled physician, I applaud this publication as a step toward making that possible.”