By the Numbers – Back Injury



DID YOU KNOW?

15 Back Injury Statistics

1. About 80% of adults are estimated to experience a back injury in their lifetime… with roughly 10% suffering a re-injury.
2. More than one million back injuries are sustained in the workplace every year
3. .Back injuries account for one in every five injuries and illnesses in the workplace.
4. 80% of these injuries are associated with manual materials handling tasks.
5. Seven occupations accounted for more than 25% of ergonomic injuries, with Heavy and Tractor-Trailer Truck Drivers, Laborers and Freight, Stock and Material Movers, Nursing Assistants, Janitors and Cleaners, Registered Nurses, Maintenance and Repair Workers.
6. Back injuries are the most common reason for nonattendance in the general workforce, after the common cold.
7. Up to 1/3 of back injuries could be prevented through a better designed job workspace.
8. Low back pain is the single leading cause of disability worldwide.
9. Back injuries made up 41% of ergonomic injury cases.
10. Back disorders account for over 24% of all occupational injuries and illnesses involving days away from work.
11. Workers who suffered ergonomic injuries required an average of…