Bullying, Harassment, and Respect in the Workplace Stats and Facts



FACTS

- Bullying and harassment increase stress and reduce psychological safety.
- Low-level behaviours often escalate when ignored.
- High-turnover environments increase risk of conflict.
- Respectful teams communicate more effectively.
- Children are sensitive to adult emotional dynamics.

STATS

- The U.S. Workplace Bullying Institute reports that about 30% of U.S. workers have experienced workplace bullying.
- NIOSH links workplace harassment to increased risk of anxiety, depression, and burnout.
- U.S. organizations with unresolved bullying report significantly higher turnover rates.
- Statistics Canada reports that workers who experience harassment are more likely to report poor mental health and reduced job satisfaction.
- In 2022, the U.S. Equal Employment Opportunity Commission received over 73,000 workplace harassment and discrimination charges, including cases involving education and childcare settings.
- In Canada, nearly 1 in 5 workers reports experiencing harassment or violence in the workplace, according to the Statistics Canada.