Attitude – Train the Trainer



Some believe that training is as easy as knowing the subject matter and being able to communicate well. While you absolutely need both of these qualities, they're hardly enough to make an effective trainer.

Attitude is the main determinant of success in new endeavors. A trainer's attitude is the bottom floor of a building holding the structure for building knowledge, skill and behavior.

ATTRIBUTES TO BRING TO YOUR TRAINING SESSION

The following list provides the core from which trainers should base of their attitude while delivering training.

1. Self-confidence – truly believing you can reach the goals you have set for yourself, believing you can get your trainees to listen, hear and change, believing you can handle any situation that may arise during the training.
2. Self-awareness– being aware of one's true motivation (why am I a trainer), of one's strengths and weaknesses, aware of one's blind spots at least to some extent, being aware of the real and objective quality of all the areas of compass (what I know, what I do, how I behave),
3. Own learning – having a deep dedication towards learning and re-adjusting attitudes towards self, others and knowledge
4. Questioning and critical thinking – constantly questioning attitudes, knowledge, techniques, ways things are done
5. Openness to learning – being constantly hungry for knowledge

TAKEAWAY

The teaching attitude of a competent trainer is characterized by giving latitude to and having respect for the trainee, being available for consultation, while individualizing the teaching approach. Enthusiasm, flexibility, patience and self-insight are great personality traits for a trainer.