

7 Things to Know About Respirator Use



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Respirators are a must for work in environments with low oxygen levels or harmful debris, fumes, gases, or vapors. Share these seven tips with your workers.



Shave It.

Beards are fly but facial hair, especially a full beard, gets in the way of a tight-fitting face-to-facepiece seal.



Toss It.

Disposable respirators aren't designed for repeated use. Dispose of them after every use and get a new one the next time.



Remove It.

Remove protective covers on cartridges before putting them the respirator. They won't filter with the cover still on.



End of Life.

Filters on half-mask and full-mask respirators must be changed frequently. How often depends on the concentration of the hazardous substance, age of the filter, and how they are stored.



Test It.

Fit testing is a must to ensure proper fit and the highest level of protection.



Choose Wisely.

Choosing the right equipment involves:

- Determining what the hazard is and its extent.
- Considering user factors that affect respirator performance and reliability.
- Selecting an appropriate NIOSH-certified respirator.



Don and Doff It.

Train workers how to put on and take off their respirator.